

Australian Capital Territory

Work Safety (National Code of Practice for the Prevention of Occupational Overuse Syndrome) Code of Practice 2010

Disallowable instrument DI 2010 - 240

made under the

Work Safety Act 2008, section 18 (Codes of Practice)

Explanatory Statement

Section 18 of the *Work Safety Act 2008* provides that the Minister may approve a code of practice to provide practical guidance about the Act. Section 18(2) provides that before approving a proposed code of practice, the Minister must consult with the ACT Work Safety Council. At its 3rd meeting on 18 June 2010, the Council noted that approval would be sought to have the National Code of Practice for the Prevention of Occupational Overuse Syndrome as a Code of Practice in the ACT.

The Code provides guidance to prevent injury and illness to persons engaged in tasks at work that involve repetitive or forceful movement or both, and /or maintenance of constrained or awkward postures. It sets out practical guidance for the prevention of risks, and the identification, assessment and control of risks, arising from tasks undertaken in the workplace.

An employer, an owner of premises used as a workplace, a designer, manufacturer or supplier of places of work or of items for use in a workplace, a health and safety representative, an OHS professional, a worker or anyone else interested in reducing the incidence and severity of Occupational Overuse Syndrome that may arise as a result of performing tasks at work, will implement the recommended procedures for managing those risks.

The objects of the Code are to assist in reducing the incidence and severity of injuries to workers from Occupational Overuse Syndrome.

Following the Code could produce benefits that include-

- improved business performance, efficiency and productivity;
- fewer workers' compensation claims, which may lead to lower premiums;

- faster and easier return to work for workers who do sustain an injury;
- fewer absences from work, and less disruption;
- retention of skilled workers; and
- a safe workplace with a positive safety culture.

This instrument takes effect on 1 October 2010.

An approval under section 18 (1) is a disallowable instrument.