

# Health (Scope of Practice for Nurse Practitioner Positions) Approval 2005 (No 1)\*

**Notifiable instrument NI2005-455**

made under the

**Health Regulation 2004 - section 11 (Scope of Practice for nurse practitioner positions)**

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## **1 Name of instrument**

This instrument is the *Health (Scope of Practice for Nurse Practitioner Positions) Approval 2005 (No 1)*.

## **2 Commencement**

This instrument commences on the day after notification.

## **3 Scope of Practice for nurse practitioner positions**

Under section 11, scope of practice for nurse practitioner positions have been approved for the following:

- a) Aged Care Nurse Practitioner, Aged Care and Rehabilitation Service, ACT Health.
- b) Aged Care Nurse Practitioner, Mirinjani Retirement Village, Uniting Care Ageing, South Eastern Region.
- c) Sexual Health Nurse Practitioner, Canberra Sexual Health Centre, The Canberra Hospital, ACT Health.
- d) Wound Care Nurse Practitioner, Continuing Care Program, Community Health, ACT Health.
- e) Emergency Department Nurse Practitioner, Calvary Healthcare.

The scope of practice for each of the nurse practitioner positions is attached. As these positions are 'new' positions the clinical practice guidelines and medication formularies are a work in progress and may change. These will be finalised within the first three months of the position being established after they have received the endorsement of the ACT Nurse Practitioner Clinical Practice Guideline Development Standing Committee.

Dr Tony Sherbon  
Chief Executive  
25 November 2005

\*Name amended under Legislation Act, s 60

WORK IN PROGRESS DOCUMENTS

## Comprehensive Geriatric Assessment

The prevalence of co-morbidities in this population lends itself to a client-focused model in establishing therapeutic goals, which lead to a comprehensive problem solving and life enhancing approach. This means that the older person may consult the nurse practitioner with an individual health concern in any one or more of the following areas and the assessment will be tailored to the individual.<sup>1</sup> Consideration will always be given to issues that may arise in relation to cultural and linguistic differences.



<b>A</b> <b>Cognition</b> Dementia Depression Delirium Drugs	<b>B</b> <b>Comfort</b> Environmental Pathophysiological Spiritual Emotional	<b>C</b> <b>Continence</b> Bladder Bowel	<b>D</b> <b>Mobility</b> Falls Isolation Transport	<b>E</b> <b>Infection</b> Skin/integument Genitourinary tract Respiratory Enteric
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<sup>1</sup> Boulton C. Comprehensive Geriatric Assessment. In: Beers M, Berkow R, eds. The Merck Manual of Geriatrics: Medical Services, USMEDSA, USHH, 2000-2003

This document reflects what is currently safe clinical practice. However as in any clinical situation there may be factors that cannot be covered by a single set of guidelines. This document does not replace the need for the application of clinical judgement to each individual presentation.

# Aged Care Nurse Practitioner – Aged Care and Rehabilitation Service, ACT Health and Uniting Care Ageing South Eastern Region- Mirinjani.

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### 1. C Assessment



**Consider conditions for referral to other health care professional.**

Any conditions outside scope of practice eg  
Myocardial infarction

#### **Patient history**

Presenting Issue  
Physical Health  
Functional Ability  
Family/social Hx  
Pharmacological Hx<sup>2</sup>  
Informant Hx  
Nutrition and hydration

#### **Examination as appropriate**

Cognition MMSE<sup>3</sup> GDS<sup>4</sup> CAM<sup>5</sup>  
GCS<sup>6</sup>  
Sensorium  
CNS  
Respiratory  
CVS  
GIT  
Genitourinary  
Musculoskeletal/Skeletal  
Mobility<sup>7</sup>  
Skin

#### **Investigations for consideration**

As indicated eg FBC, UEC

<sup>2</sup> OLDER PEOPLE & QUALITY USE OF MEDICINES: Exploring the role of the Primary Health Nurse in domiciliary medication review & management. *May 2002*

<sup>3</sup> Folstein MF, Folstein SE, Mc Hugh PR, “Mini Mental State” a practical method for grading the cognitive state of patients for the clinician *J Psychiatr Res.* 1975; 12:196-198.

<sup>4</sup> YeSavage J Differential Diagnosis Between Depression and Dementia *American Journal of Medicine* 1993 94:5A 235

<sup>5</sup> Inouye SK, vanDyck CH, Alessi CA, Balkin S, Siegal AP, Horwitz RI. Clarifying confusion: the Confusion Assessment Method; a new method for detection of delirium. *Ann Intern Med.* 1990;113:941-8.

<sup>6</sup> Teasdale G, Jennett B (1974), Assessment of coma and impaired consciousness: a practical scale. *Lancet* 2:81-84.

<sup>7</sup> QuickScreen© Prince of Wales Medical Research Institute.

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## 2. Diagnosis/

## 3. Management



### 3a. Conditions for referral to other health care professional: compromising exacerbation or new presentation

Cardiac Failure  
Diabetes  
Malignant Hypertension  
Parkinson's disease/parkinsonism  
Dementia  
Arthritis  
Depression  
Psychosis  
Myocardial infarction  
Cerebrovascular accident  
Fracture  
Sepsis  
Any other condition outside scope of practice

### 3b. Treatment/Management options

- **Cognition**<sup>8</sup>  
Reversible causes within scope of practice see below
- **Comfort**<sup>9</sup>  
Environmental,  
Pathophysiological,  
Spiritual  
Emotional
- **Continence**<sup>10</sup>  
Constipation /Impaction  
Diarrhoea  
Spurious diarrhoea  
Faecal Incontinence  
Urge and Stress  
incontinence  
Neuropathies
- **Mobility**<sup>11</sup>

### 3c. Health Promotion/Illness Prevention

Integrated Management of Comorbidities/Risk management  
Falls Screen  
Waterlow Scale<sup>12</sup>  
Osteoporosis  
Pain Management  
Polypharmacy  
Mild Cognitive Impairment  
Depression  
Smoking Cessation  
Substance abuse  
Sensory Input  
Weight Management  
Exercise  
Oral Hygiene  
Care of Skin and Integument.  
Continence Promotion

<sup>8</sup> Guideline A

<sup>9</sup> Guideline B

<sup>10</sup> Guideline C

<sup>11</sup> Guideline D

<sup>12</sup> Waterlow J. Pressure sores: a risk assessment card. *Nurs Times* 1985; 81: 49-55.

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| <ul style="list-style-type: none"> <li>Falls</li> <li>Isolation</li> <li>Transport,</li> <li>• <b>Polypharmacy</b> <ul style="list-style-type: none"> <li>Compliance</li> <li>OTC</li> <li>Multiple Prescribers</li> <li>Adverse Drug</li> <li>Reactions/interactions</li> </ul> </li> <li>○ <b>Infections</b> <ul style="list-style-type: none"> <li>Skin</li> <li>Genitourinary tract</li> <li>Respiratory</li> <li>Enteric</li> </ul> </li> <li>Eye</li> <li>Mouth</li> </ul> | <ul style="list-style-type: none"> <li>Advanced Care Directives</li> <li>Elder Abuse/Restraint</li> <li>Family/Carer Support</li> <li>Social Integration.</li> </ul> |
|--|--|




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**Non-pharmacological approaches**

- Rest
- Sleep hygiene
- Activity
- Optimal Positioning
- Identifying pain behaviour
- Diversion

**Pharmacological agents**

Antibiotics and antifungals  
Antiemetics  
Analgesia  
Laxatives  
Vitamins and Supplements  
Drugs affecting Bones  
Bronchodilators  
Ocular Lubricants  
Vaccinations  
Topical Agents  
Complimentary Medicines

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#### **4. Follow up**

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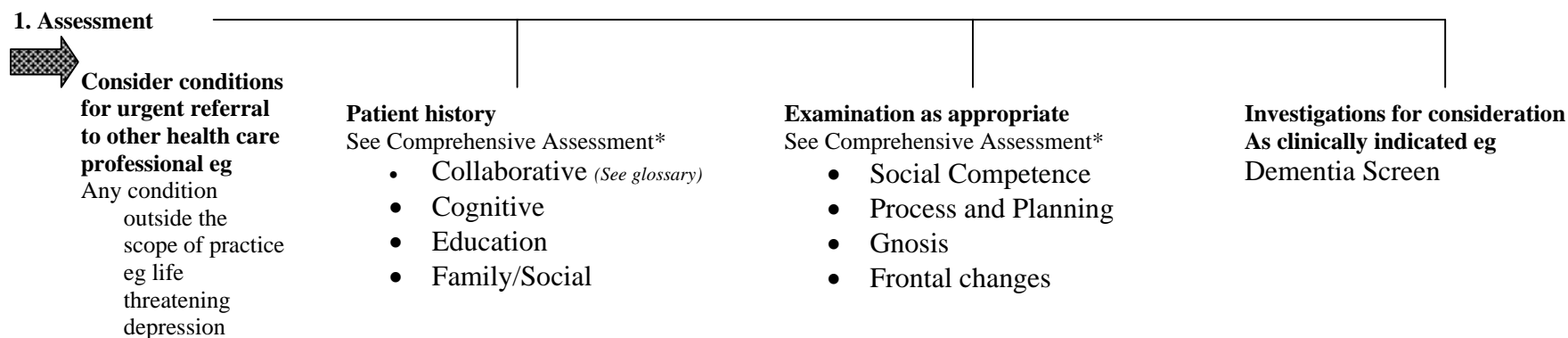
Review as clinically  
indicated

- Monitor test results
- Evaluate  
therapeutic  
response
- Refer as  
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**A. CLINICAL GUIDELINE FOR COGNITION:** In Australia there was over 162,000 people with dementia in 2002. The prevalence of dementia is growing rapidly and the socio-economic and disability burden of dementia is severe. People with dementia have higher than average use of medical services, longer hospital stays and increased pharmaceutical costs.<sup>13</sup> Depression in later life is a significant public health problem, albeit under treated and under recognized, particularly in non psychiatric settings such as primary care practice, general hospitals and nursing homes<sup>14</sup> Delirium occurs frequently in older hospitalised patients and is implicated in increased mortality and morbidity, prolonged hospital stay and risk of institutionalisation.<sup>15</sup> The recognition and management of elderly individuals with dementia and/or depression who experience a superimposed delirium is a complex challenge across the aged care continuum.\



<sup>13</sup> The Dementia Epidemic: Economic Impact and Positive Solutions For Australia. *Access Economics* Canberra March 2003. pg 41.

<sup>14</sup> Mulsant B& Gangulu M., Epidemiology and Diagnosis of Depression in Late Life *Journal of Clinical Psychiatry* 1990:60

<sup>15</sup> Gleason O Delirium *American Family Physician* March 2003 vol 67n5

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WORK IN PROGRESS DOCUMENTS

2. Diagnosis/ interpretation	<div><div></div></div>		
	<div><div>Dementia</div><div>Alzheimer’s Disease</div><div>Vascular Dementia</div><div>Lewy Body Disease</div><div>Alcohol Related Dementia</div><div>Frontal Type Dementia</div></div>	<div><div>Depression</div><div>Previous episode</div><div>Vegetative signs</div><div>Grief reaction</div><div>Loss</div><div>Mania</div><div>Psychosis</div><div>Diurnal variation</div><div>Suicidal Ideation</div><div>Family Hx</div></div>	<div><div>Delirium</div><div>Causation</div><div>Pattern of onset</div><div>Duration</div><div>Fluctuating consciousness</div></div>
3. Management			
	<div><div><div></div></div><div><div>3a. Conditions for referral to other health care professional: Compromising exacerbation or new presentation</div><div>Any condition outside of scope of practice eg Psychosis</div></div></div>	<div><div>3b. Conditions for NP treatment/Management</div><div><div><div></div></div><div>Polypharmacy</div><div>Hydration</div><div>Electrolyte and metabolic disturbances</div><div>Pain</div><div>Constipation</div><div>Infection</div><div>Carer Stress</div></div></div>	<div><div>3c. Health Promotion / Illness Prevention</div><div><div><div></div></div><div>BPSD<sup>16</sup>Management</div><div>Communication</div><div>Guardianship and Administration</div></div></div>

<sup>16</sup> Behavioural and Physiological Symptoms of Dementia. "Recommendations for the management of behavioural and psychological symptoms of dementia." N. Herrmann. in The Canadian Journal of Neurological Science. 2001 Feb; 28 Suppl 1: S96 – 107.

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- Elder Abuse



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**Non-pharmacological approaches**

- Environmental
- Pain Mx
- Referral to: Alzheimer's Association, ACAT, Carers Association, Day Care Programs Office Of public advocate

**Pharmacological agents**

*Hydroxocobalamin Chloride*  
*Folic Acid*  
*Thiamine*

Address all reversible causes, refer to pharmacological agents in Comfort, Continence, Mobility and Infection guidelines



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**4. Follow up**

Review as clinically indicated

- Monitor test results
- Evaluate therapeutic response

Refer as appropriate.

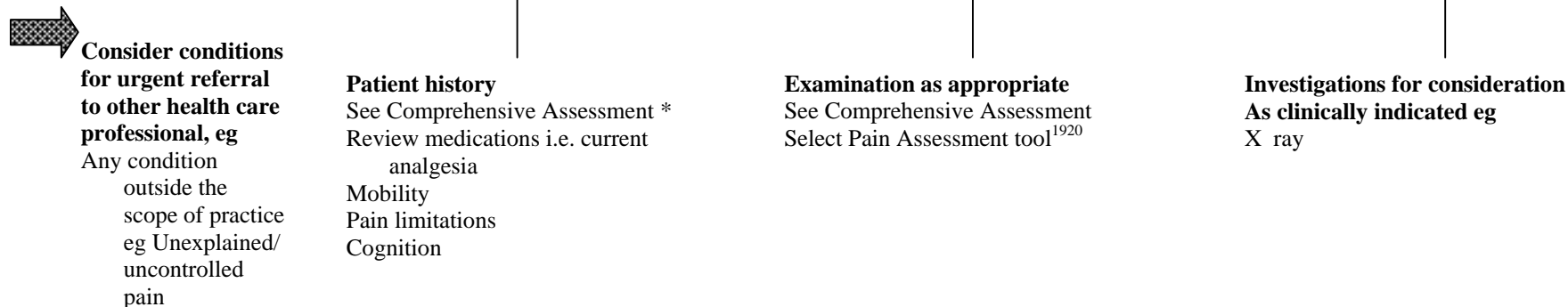
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**B.CLINICAL GUIDELINE FOR COMFORT:** It is estimated that up to 140,000 people in Australia's 3000 government subsidized residential aged care facilities have pain.<sup>17</sup> The management of pain in the elderly patient presents many challenges: pain syndromes are often due to chronic diseases that are not curable; the metabolic and pharmacodynamic changes that accompany aging complicate the prescribing of analgesics; cognitive dysfunction compounds pain assessment; functional ability may be impaired; and psychosocial issues often need to be addressed.<sup>18</sup>

### 1. Assessment



<sup>17</sup>Goucke R. Farrell M, and Scherer S, Conference Proceedings, Neuroscience Forum 2004. *Pain and Dementia*

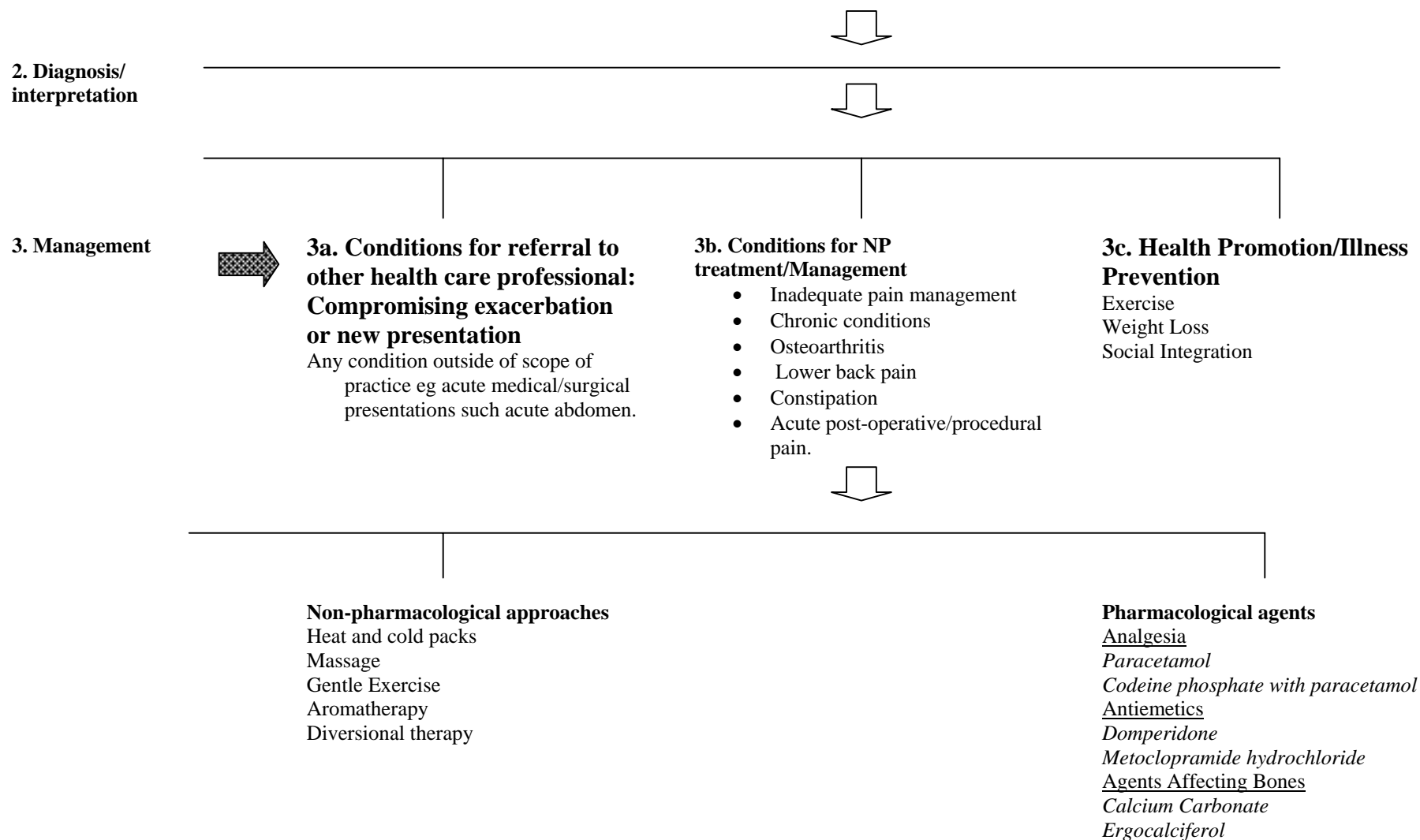
<sup>18</sup> David J. Hewitt & Kathleen M. Foley in *Geriatric Medicine* 3<sup>rd</sup> Edition. 1997

<sup>19</sup> **Abbey** J. Piller N. De Bellis A. Esterman A. Parker D. Giles L. Lowcay B. The **Abbey** pain scale: a 1-minute numerical indicator for people with end-stage dementia. [Journal Article, Questionnaire/Scale, Research, Tables/Charts] *International Journal of Palliative Nursing*. 2004 Jan; 10(1): 6, 8-13. (21 ref)

<sup>20</sup> **Melzack** R. The McGill Pain Questionnaire: Major properties and scoring methods. *Pain* 1975; 1, 275-295.

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#### **4. Follow up**

Review as clinically  
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- Monitor test results
- Evaluate  
therapeutic  
response

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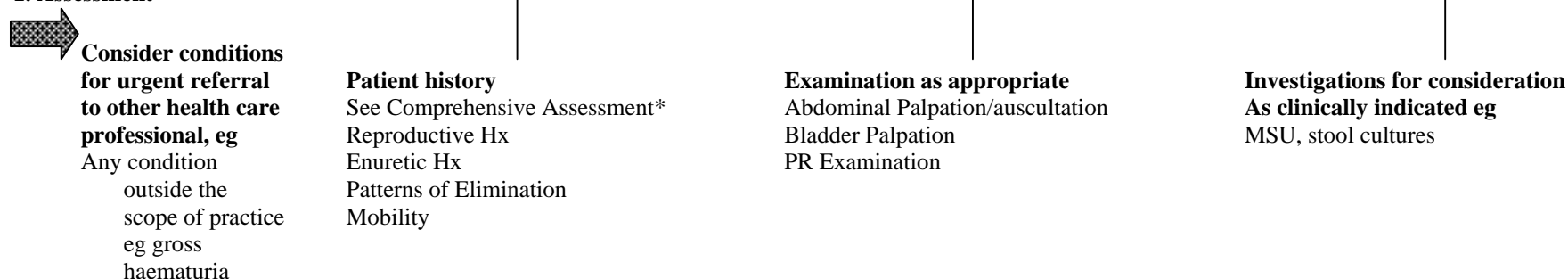
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### C. CLINICAL GUIDELINE FOR CONTINENCE:

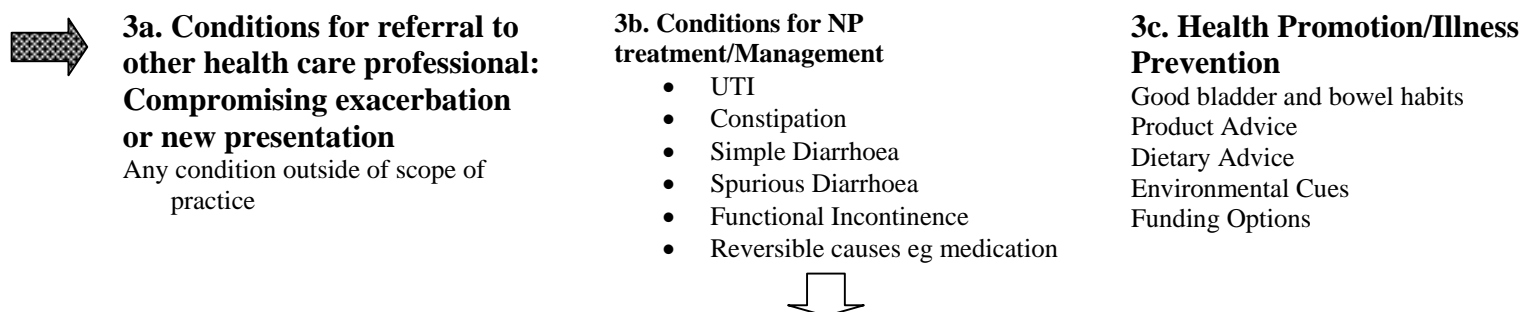
30% of people over the age of 80 are reported to have incontinence. Incontinence often plays a major part in the decision to place people into residential care. It is further complicated in the target population by co morbidities.<sup>21</sup>

#### 1. Assessment



#### 2. Diagnosis/interpretation

#### 3. Management



<sup>21</sup> Millard R. The prevalence of urinary incontinence in Australia: A demographic survey conducted in Sydney in 1983. *Australian Continence Journal* 1998;4(4):92 - 99

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**Non-pharmacological approaches**

Toileting Regimen  
Pelvic Floor Exercises  
Bladder Retraining  
Nutrition/Hydration  
Psychosocial Support  
Equipment  
*Cranberry Supplements*

**Pharmacological agents**

Management of UTI  
*Trimethoprim*  
*Cephalexin*  
*Amoxycillin Trihydrate & Clavulanate*  
Management of Urge and Stress  
Incontinence.  
*Oestriol Cream*  
Management and Prevention of Constipation  
*Frangula Sterculia*  
*Psyllium Hydrophillic Mucilliod*  
*Sorbitol*  
*Movicol*  
*Docussate Sodium*  
*Bisacodyl*  
*Sennosides A&B*  
*Glycerine Suppositories*  
*Sodium Magnesium Enema*  
*Phosphate Enema*



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**4. Follow up**

Review as clinically indicated

- Monitor test results
- Evaluate therapeutic response

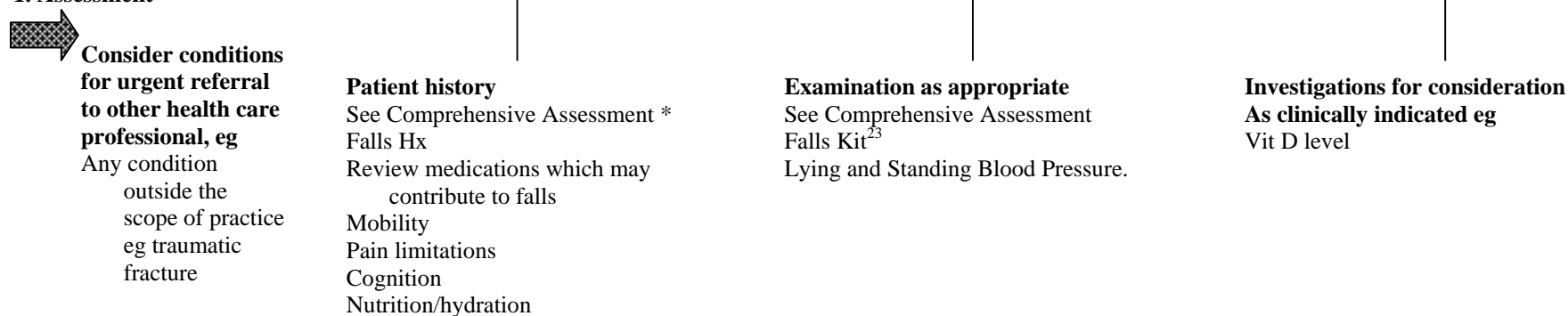
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**D. CLINICAL GUIDELINE FOR MOBILITY:** Australian and overseas studies of community dwelling older people have identified that one in three people aged 65 years and over fall each year. The rate of falls and associated injuries is even higher in hospitals and residential settings. The effect of falls is costly to the individuals in terms of health, function and quality of life.<sup>22</sup>

**1. Assessment**

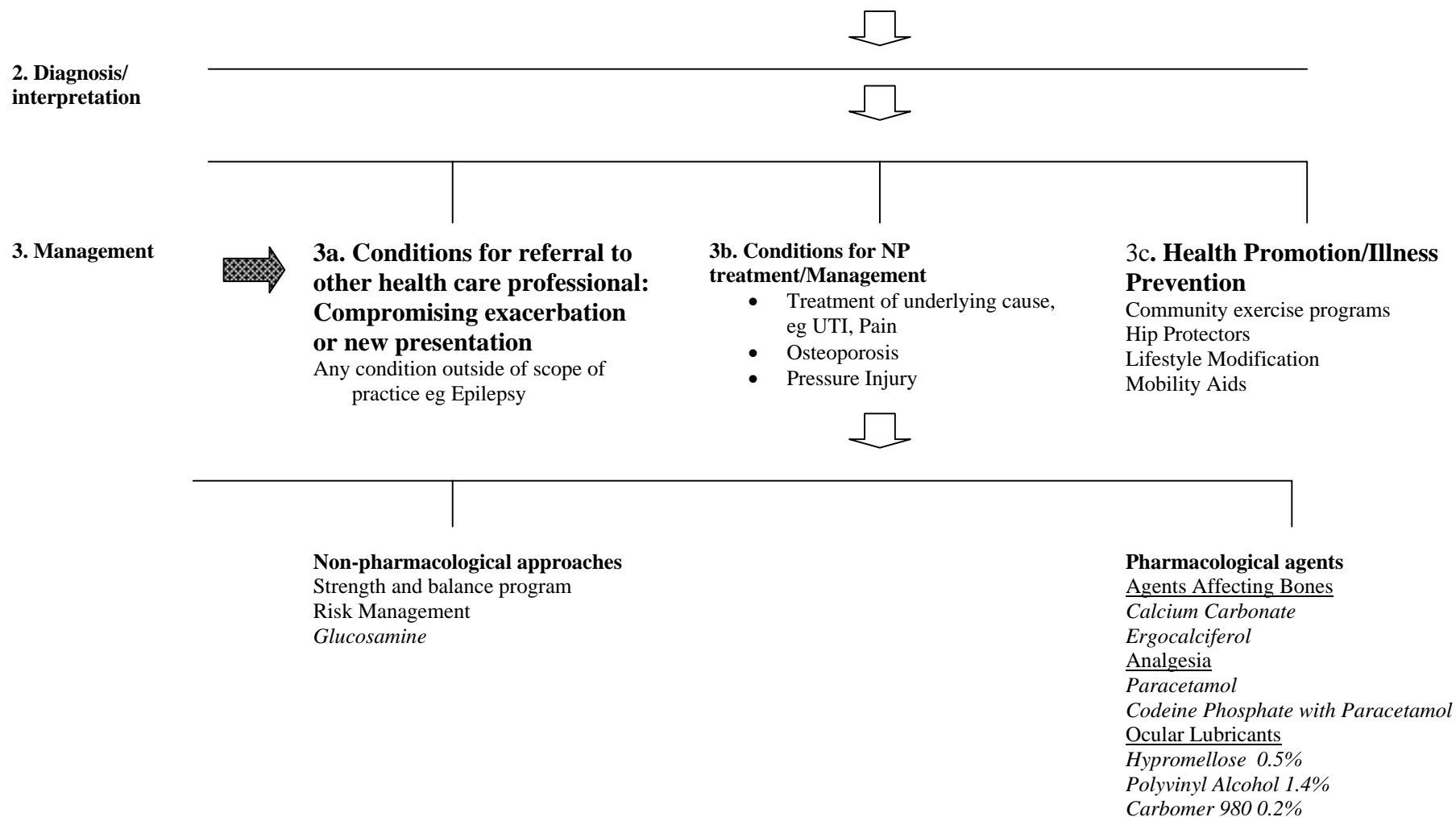


<sup>22</sup> ‘An analysis of research on preventing falls and falls injury in older people’: Community, residential care and hospital settings” (2004 Update) National Ageing Research Institute.

<sup>23</sup> QuickScreen © Prince of Wales Medical Research Institute.

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#### **4. Follow up**

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**E. CLINICAL GUIDELINE FOR INFECTION:** Infectious disease is widespread among elderly people and has potentially devastating consequences. Infections are major reasons of hospitalisation for the aged and old people suffer greater morbidity and mortality from infections than do younger adults.<sup>24</sup>

1. Assessment



**Consider conditions  
for urgent referral  
to other health care  
professional.**

Any condition  
outside the  
scope of practice  
eg septicaemia.

**Patient history**

See Comprehensive Assessment \*

**Examination as appropriate**

See Comprehensive Assessment

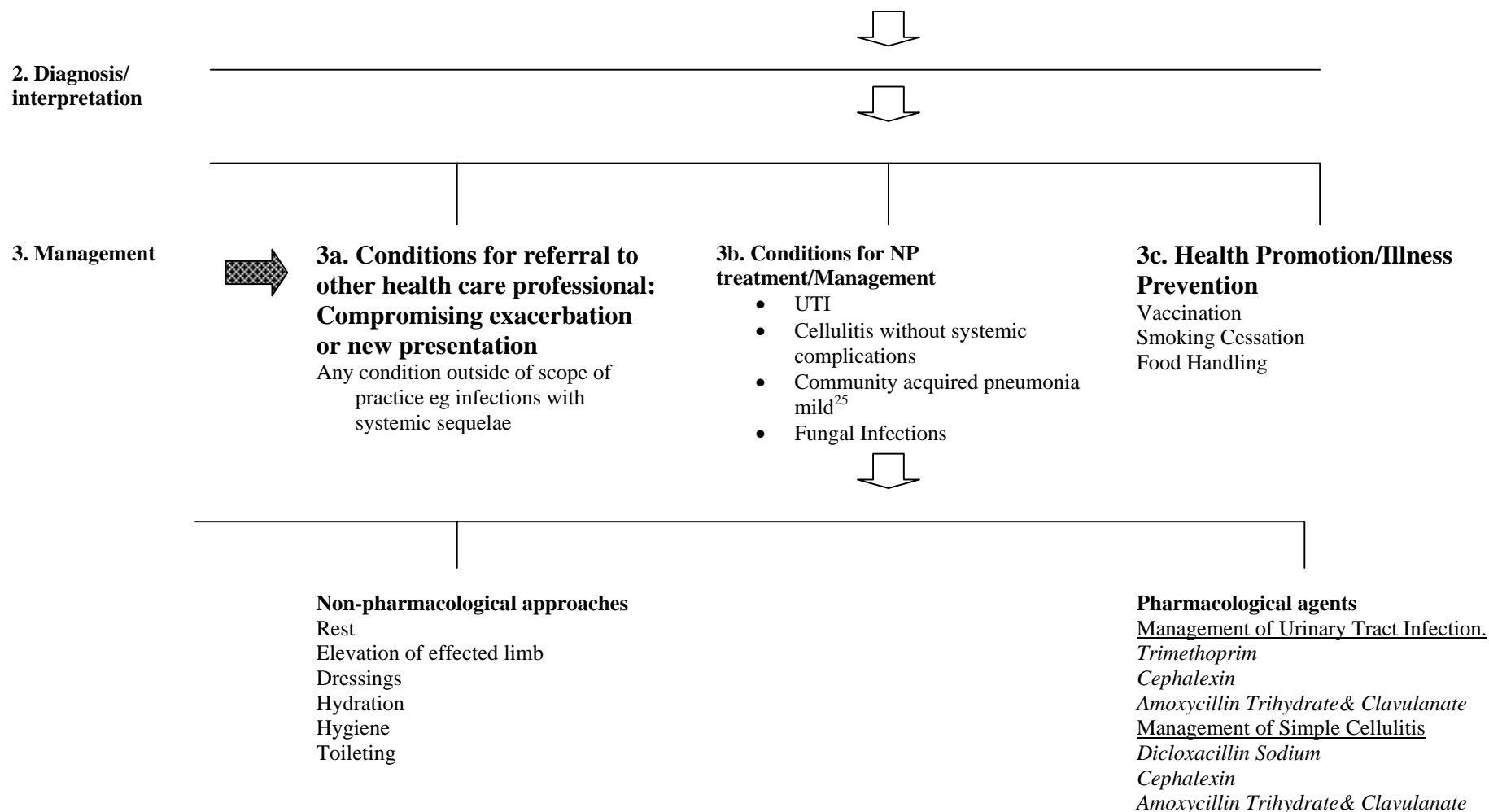
**Investigations for consideration**

**As clinically indicated eg  
CRP**

<sup>24</sup> Matteson, M.A, McConnell, E.S & Linton, A.D Gerontological Nursing: Concepts & Practise. Pg 427 (1997) Saunders Philadelphia.

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<sup>25</sup>Mild pneumonia as defined by CURB-65. Defining community acquired pneumonia severity on presentation to hospital: an international derivation and validation study. W S Lim, M M van der Eerden, R Laing, W G Boersma, N Karalus, G I Town, S A Lewis and J T Macfarlane.

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WORK IN PROGRESS DOCUMENTS

Management of Animal Bites.  
*Amoxycillin Trihydrate & Clavulanate*  
*Metronidazole*  
Management of Community Acquired  
Pneumonia  
*Amoxycillin*  
*Roxithromycin*  
Bronchodilators  
*Tiotropium Bromide*  
*Salbutamol Sulphate*  
Immunisations  
*ADT*  
*Pneumococcal Vaccine*  
*Influenza Virus Vaccine*  
Management Bacterial Eye Infections  
*Chloramphenicol Drops/ointment*  
Fungal Infections  
*Nystatin*  
*Clotrimazole*



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#### 4. Follow up

Review as clinically indicated

- Monitor test results
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### GLOSSARY

**ACAT** – Aged Care Assessment Team

**BPSD** – Behavioural and Psychological Symptoms of Dementia

**CAM** – Confusion Assessment Method

**Collaborative History** – A collaborative or informative history is an essential part of diagnosing moderate cognitive disorder. It involves interviewing persons well known to the individual who can report on changes over time of which the individual may not be aware.

**CRP** – C Reactive Protein

**FBC** – Full Blood Count

**GCS** – Glasgow Coma Scale

**GDS** – Geriatric Depression Scale

**MMSE** – Mini Mental State Examination

**MSU** – Mid Stream Urine

**OTC** – Over the Counter medications

**PR** – Per Rectum

**UEC** – Urea Electrolytes Creatinine.

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Service, ACT Health and Uniting Care Ageing South Eastern  
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**MEDICATION FORMULARY.**

**Vitamins and Supplements**

*Hydroxocobalamin Chloride*  
*Folic Acid*  
*Ferrous Sulphate*  
*Thiamine*  
*Ergocalciferol*  
*Calcium Carbonate*

**Ocular**

*Hypromellose 0.5% eye drop*  
*Polyvinyl Alcohol 1.4% eye drop*  
*Carbomer 980 0.2%*  
*Chloramphenicol\*

**Topical**

*Oestriol Cream*

**Analgesia**

*Paracetamol*  
*Codeine Phosphate with Paracetamol*

**Antiemetics**

*Domperidone*  
*Metoclopramide hydrochloride*

**Antibiotics and Antifungals**

*Amoxycillin*  
*Trimethoprim*  
*Cephalexin*  
*Dicloxacillin Sodium*  
*Amoxycillin Trihydrate &Potassium Clavulanate*  
*Metronidazole*  
*Roxithromycin*  
*Nystatin*  
*Clotrimazole*

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### **Bronchodilators**

*Salbutamol Sulphate*

*Tiotropium Bromide*

## **MEDICATION FORMULARY**

### **Laxatives**

*Frangula Sterculia*

*Psyllium Hydrophillic Mucilliod*

*Sorbitol*

*Movicol*

*Docusate Sodium*

*Sennosides A &B*

*Bisacodyl*

*Glycerine Suppositories*

*Sodium Magnesium Enema*

*Phosphate Enema*

### **Immunisations**

*ADT*

*Pneumococcal Vaccine*

*Influenza Virus Vaccine*

### **Complimentary Therapies**

*Cranberry tablets*

*Glucosamine*

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## Emergency Department Nurse Practitioner Scope of Practice Statement

### Position details

Local Title	Nurse Practitioner				
Classification	Registered Nurse Level 4.2				
Department/ Ward	Emergency Department				
Position number(s)		Type		Fortnightly hours	76
		Ins. No.	99/99	Cost Centre	1105

### Reporting details

Supervises		Line responsibility / authority / accountability	<b>Operational:</b> Clinical Nurse Manager <b>Professional:</b> Clinical Nurse Manager Assoc Director of Nursing Director of Nursing <b>Clinical:</b> Clinical Nurse manager Director of Emergency Dept <b>Legislative:</b> Nurses Board of the ACT ACT Health Calvary Health Care ACT
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### Emergency Nurse Practitioner

Role	<ul style="list-style-type: none"> <li>A nurse practitioner is a Registered Nurse with advanced knowledge, skills and recognised clinical competence, authorized by the Nurses Registration Board of the ACT.</li> <li>A Nurse Practitioner practices within a professional role working autonomously, with the freedom to make decisions and act on those decisions, consistent with their specific scope of practice.</li> <li>The Emergency Nurse Practitioner should be a recognized specialist nurse in emergency care and have specific knowledge and education within the specialty, including; advanced life support, trauma and other specialty inputs required to perform the specifics of the role.</li> <li>The Nurse Practitioner's knowledge should be supported by a Master of Nursing (Nurse Practitioner).</li> <li>The Nurse Practitioner should be published and be active in education of fellow nursing staff.</li> <li>The Nurse Practitioner displays a commitment to the professional development of both themselves and their departmental colleagues.</li> <li>The Nurse Practitioner provides acute health care services to the community within a framework guided by professional guideline of practice through assessment, diagnosis and management of health issues in a complex, busy and unpredictable environment.</li> </ul>
Aim	<ul style="list-style-type: none"> <li>To provide appropriate timely care to those requiring episodic acute health care services by appropriate members of a multidisciplinary health</li> </ul>



Nurse Practitioner Scope of Practice- Clinical Practice Guidelines and Medication Formularies  
WORK IN PROGRESS

	<p>professional team.</p> <ul style="list-style-type: none"> <li>• Develop the advanced nursing practice role, working autonomously, within a scope of practice, with measurable quality outcomes.</li> </ul>
<b>Environment</b>	<ul style="list-style-type: none"> <li>• The Emergency Nurse Practitioner works autonomously within the Emergency Department and within services providing acute health care.</li> <li>• The Nurse Practitioner has the expertise to support referral to other health care professionals.</li> <li>• Clinical consultation with persons seeking acute health care may be made autonomously and/or in collaboration with senior medical staff, primarily based in the Emergency Department.</li> <li>• The Nurse Practitioner works within a multidisciplinary team inclusive of medical, nursing and allied health staff as well as other health care professionals.</li> <li>• The Nurse practitioner works both as a colleague and in a consultant role with departmental nursing staff.</li> </ul>
<b>Formulary</b>	<ul style="list-style-type: none"> <li>• The Emergency Nurse Practitioner will work from a formulary based on medications required in the provision of episodic acute care. This formulary will be prescribed within a framework of clinical guidelines both specific to clinical practice within the Emergency Department and those established and accepted as best practice such as the therapeutic guidelines.</li> </ul>
<b>Process of Care</b>	<p>Assessment of Health Status</p> <ul style="list-style-type: none"> <li>• Triage</li> <li>• Resuscitation and Stabilisation</li> <li>• Obtains relevant health history</li> <li>• Performs an appropriate physical examination</li> <li>• Identifies health risks</li> <li>• Applies crisis intervention when indicated</li> </ul> <p>Diagnosis</p> <ul style="list-style-type: none"> <li>• Formulates appropriate differential diagnosis based on clinical findings</li> <li>• Identifies individual requirements to access health data from relevant persons</li> <li>• Identifies individual requirements to access health care services to support the implementation of acute care</li> </ul> <p>Development of a Treatment Plan</p> <ul style="list-style-type: none"> <li>• Priorities are established and a mutually acceptable plan of care is devised to maximise the health potential of the individual. This includes, though is not limited to: <ul style="list-style-type: none"> <li>➤ Ordering appropriate diagnostic tests</li> <li>➤ Prescribing appropriate pharmacological agents</li> <li>➤ Assessing non-pharmacological interventions</li> </ul> </li> </ul>

Nurse Practitioner Scope of Practice- Clinical Practice Guidelines and Medication Formularies  
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	<ul style="list-style-type: none"> <li>➤ Analysis patient education opportunities</li> <li>➤ Treatment plan is based on evidence based best practice</li> </ul> <p>Implementation of Treatment Plan</p> <ul style="list-style-type: none"> <li>• Interventions are based upon priorities and clinical guidelines</li> <li>• Treatment is individual specific to the situation</li> <li>• Treatment is based on scientific principles, theoretical knowledge and clinical expertise</li> </ul> <p>Intervention Actions</p> <ul style="list-style-type: none"> <li>• Within the acute setting, providing episodic health care Including though not limited to: <ul style="list-style-type: none"> <li>➤ Accurately conducting and interpreting diagnostic tests</li> <li>➤ Prescribing pharmacological agents</li> <li>➤ Prescribing non-pharmacological therapies</li> <li>➤ Making appropriate referrals to other health care professionals and community agencies</li> <li>➤ Providing relevant patient and/or family health promotion/restoration education</li> </ul> </li> </ul> <p>Follow Up</p> <ul style="list-style-type: none"> <li>• Follow up and evaluation of appropriate episodic acute health care issues</li> <li>• Referral for follow up appropriate community agency/LMO</li> </ul>
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Nurse Practitioner Scope of Practice- Clinical Practice Guidelines and Medication Formularies  
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Categories of Care	<p>The Emergency Nurse Practitioner will provide acute episodic health care intervention and education for persons presenting to the Emergency Department. This will cover a broad spectrum of both age and condition. These presenting conditions may include, though not limited to:</p> <ul style="list-style-type: none"> <li>• Abdominal Pain</li> <li>• Chest Pain</li> <li>• Respiratory Complaints</li> <li>• Resuscitation</li> <li>• Limb Injuries <ul style="list-style-type: none"> <li>➤ Strains</li> <li>➤ Fractures</li> </ul> </li> <li>• Wound Management <ul style="list-style-type: none"> <li>➤ Lacerations</li> <li>➤ Abrasions</li> <li>➤ Burns</li> <li>➤ Ulcers</li> <li>➤ Cellulitis</li> </ul> </li> <li>• ENT Complaints</li> <li>• Eye Complaints (With collaboration)</li> <li>• Pyrexia</li> <li>• Diabetic Emergencies</li> <li>• Foreign Body Removals</li> <li>• Sharps Injuries Acute Assessment</li> <li>• Envenomation</li> <li>• CBR/Environmental Emergencies</li> <li>• Urinary Symptoms</li> <li>• Sexual Health and STD Acute Care</li> <li>• Mental Health Acute Assessment and Referral</li> </ul>
Role Evaluation	Regular Emergency Nurse Practitioner role effectiveness, appropriateness and productiveness will be assessed in conjunction with supervising personnel.

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<b>Acknowledgements</b>	Jane O'Connell EDNP North Sydney Area Health Service NSW Greater Murray Area Health Service ACT Health: Nurse Practitioners in the Australian Capital Territory – The Framework
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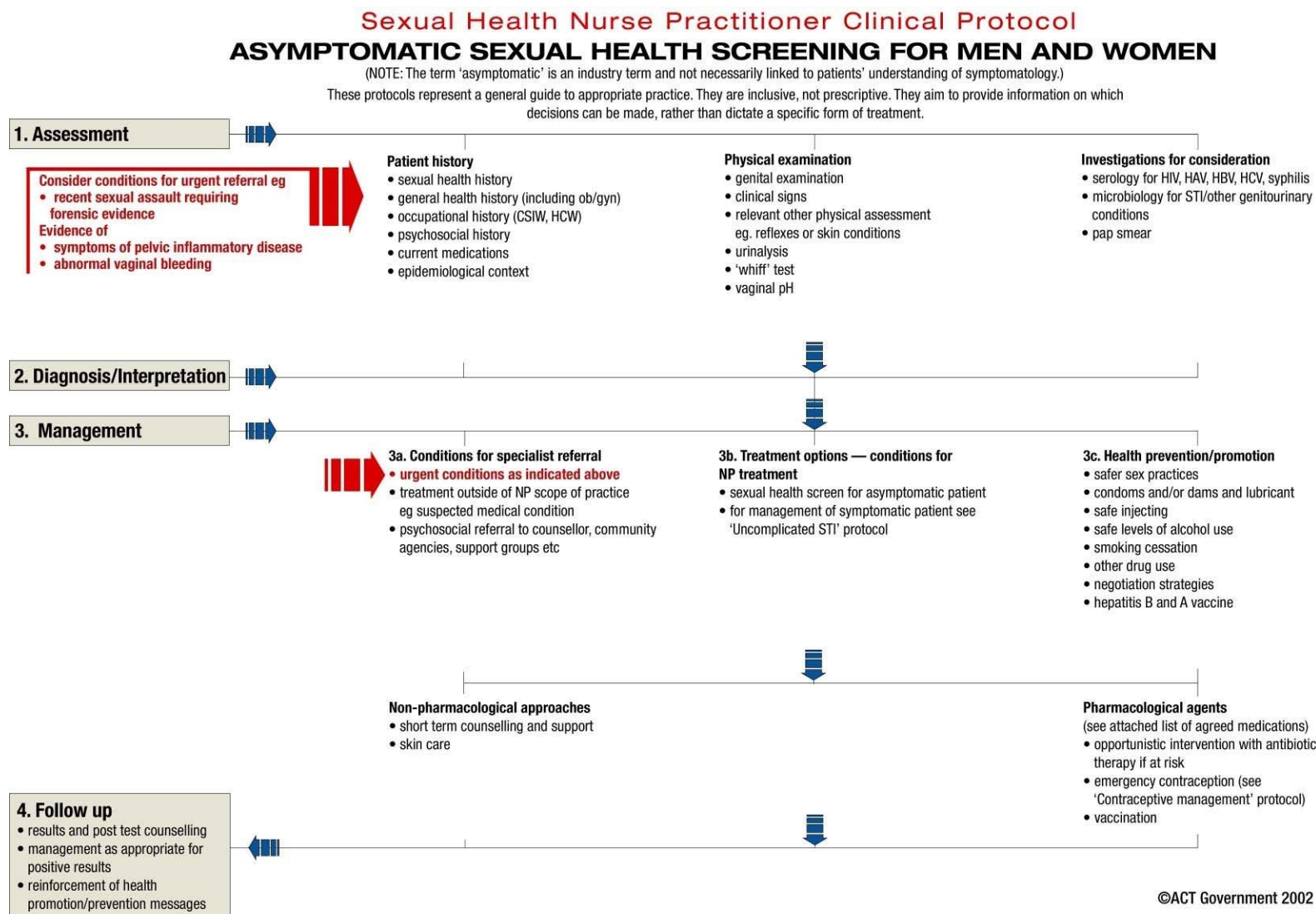
Approved Service Director:	Heather Austin
Approved HR Department	Mary-Ann O'Sullivan

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**Calvary Emergency Nurse Practitioner**

Medication	Formulary
Aspirin	HB Vax II
Actrapid	Hydrocortisone
Adrenaline	Ibuprofen
Adult Diphtheria and Tetanus Vaccine	Indocid
Amoxycillin	Lasix
Amoxicillin trihydrate	Lignocaine
Atropine	Lomotil
Atrovent	Losec
Benzympenicillin	Marcain
Carbosorb S	Maxolon
Cefalexin	Meningococcal vaccine
Cefazolin	Midazolam
Celebrex	Mylanta
Chloromycetin	Naloxone
Chlorsig	Naprosyn
Codeine aspirin	Paracetamol
Codeine paracetamol	Prednisolone
Dicloxacillin	Promethazine
Flagyl	Salbutamol
Flucloxacillin	Stemetil
Gentamicin	Tramadol
GTN	Xylocaine

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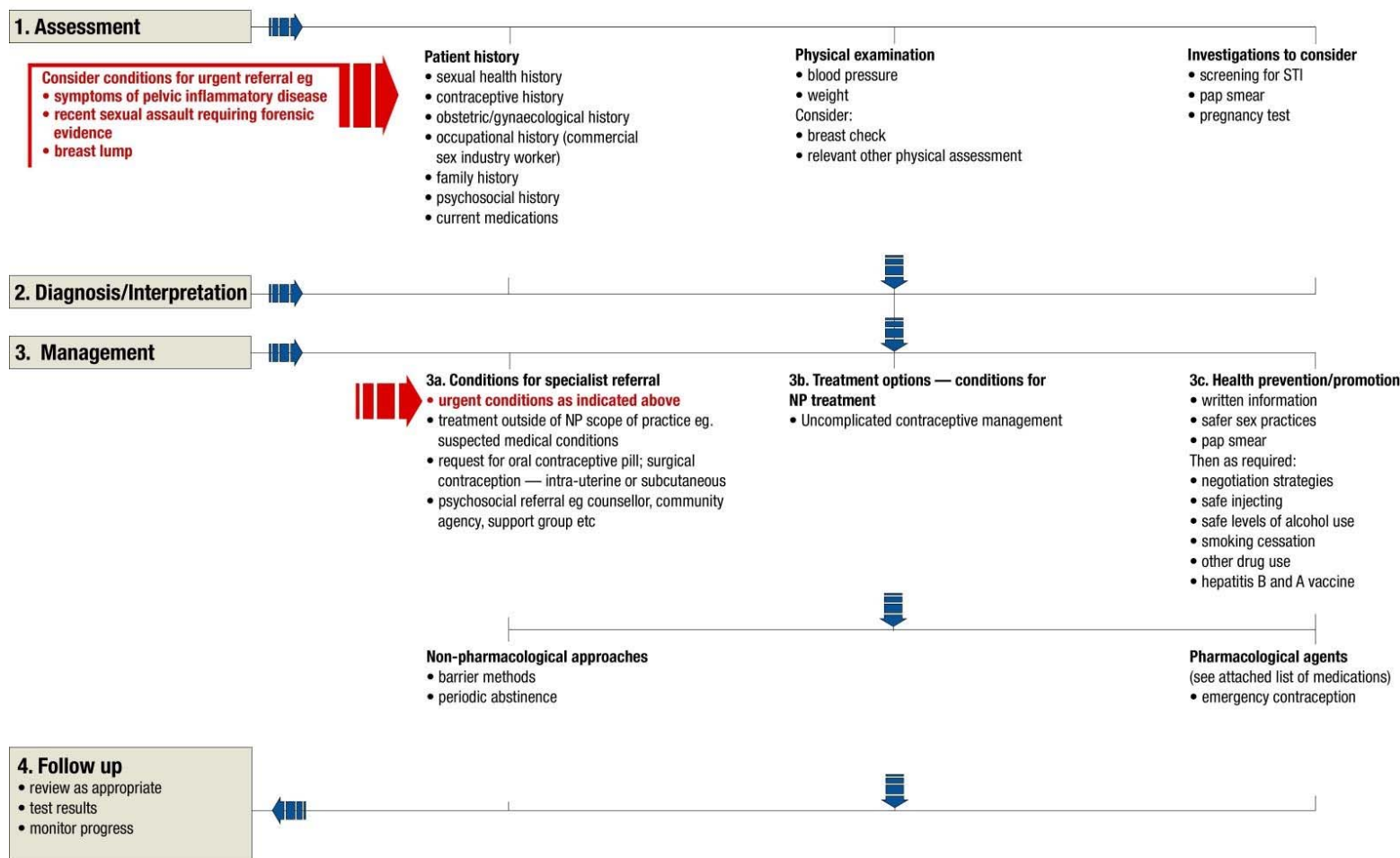


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## Sexual Health Nurse Practitioner Clinical Protocol

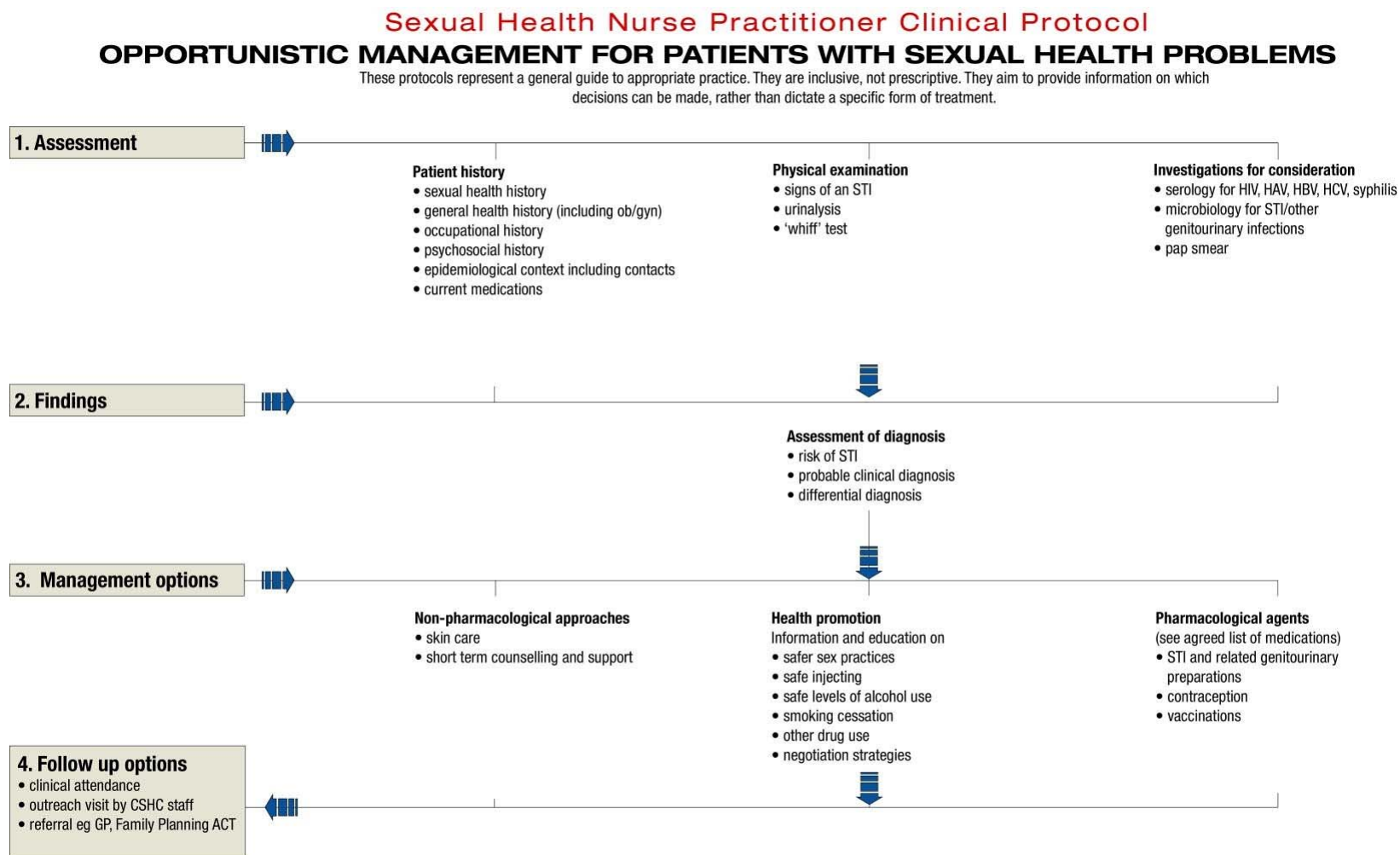
### CONTRACEPTIVE MANAGEMENT

These protocols represent a general guide to appropriate practice. They are inclusive, not prescriptive. They aim to provide information on which decisions can be made, rather than dictate a specific form of treatment.



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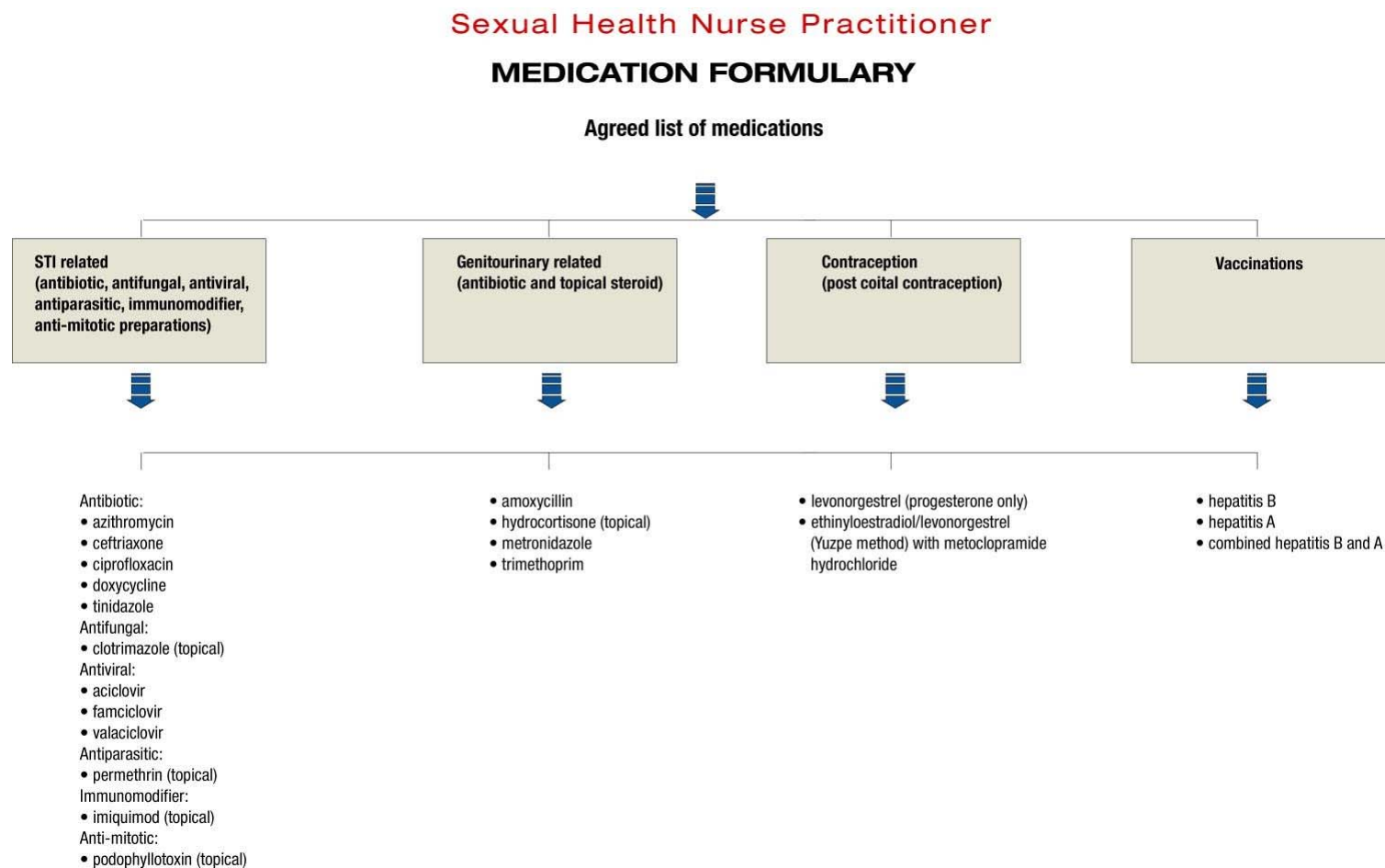
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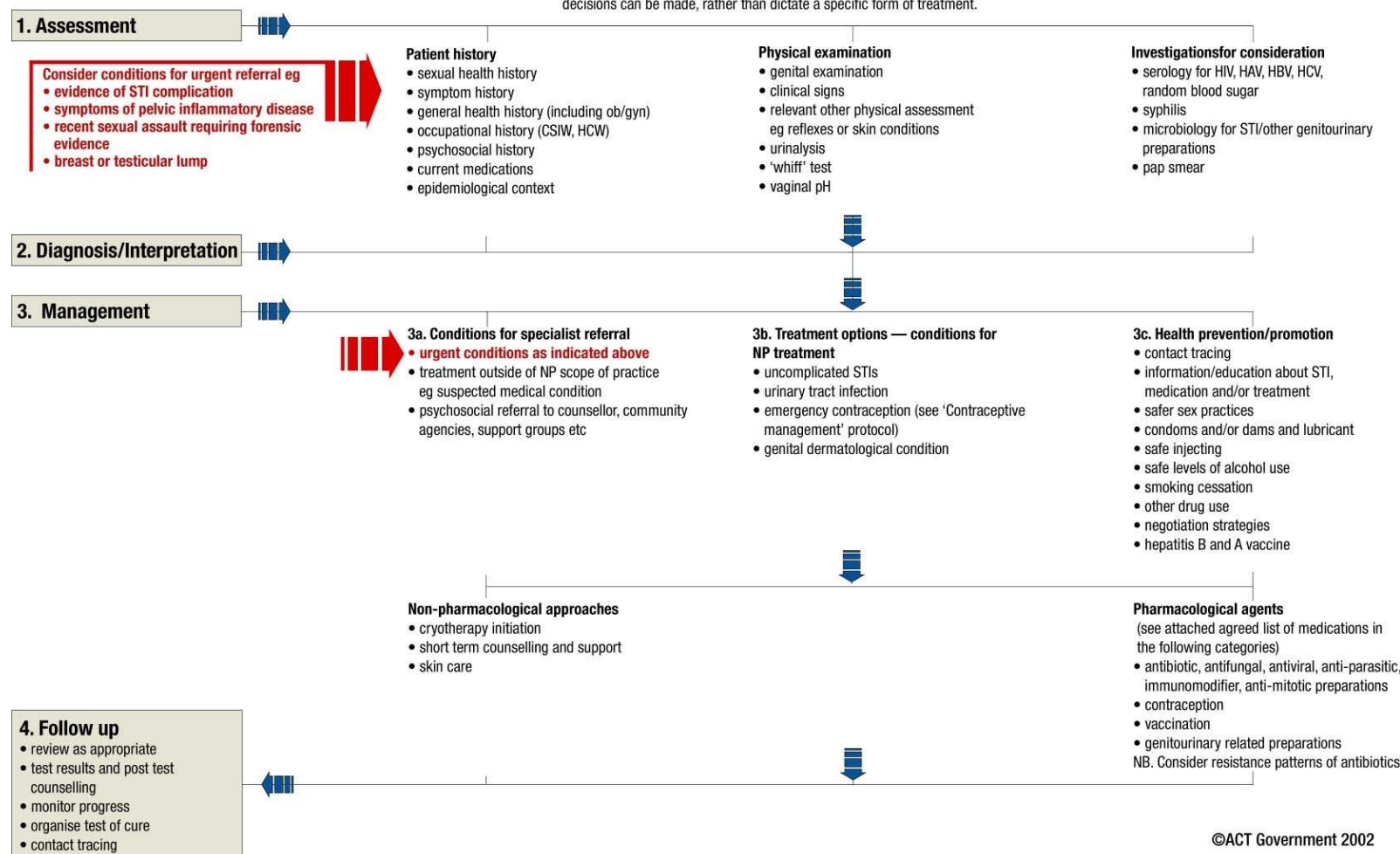


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## Sexual Health Nurse Practitioner Clinical Protocol

### MANAGEMENT OF UNCOMPLICATED SEXUALLY TRANSMITTED INFECTION (STI) AND RELATED GENITOURINARY CONDITIONS

These protocols represent a general guide to appropriate practice. They are inclusive, not prescriptive. They aim to provide information on which decisions can be made, rather than dictate a specific form of treatment.

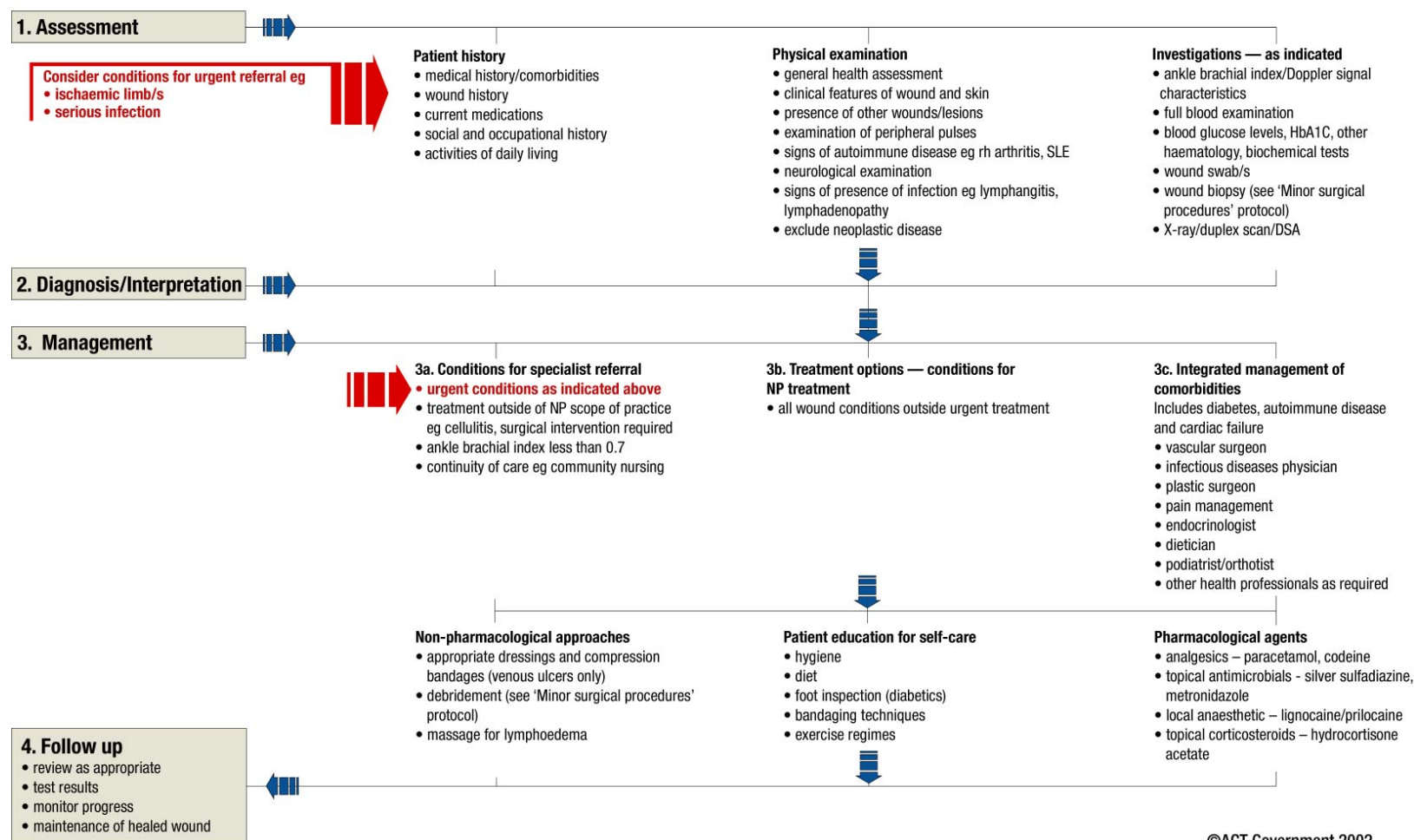


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## Wound Care Nurse Practitioner Clinical Protocol

### MANAGEMENT OF VASCULAR ULCERS

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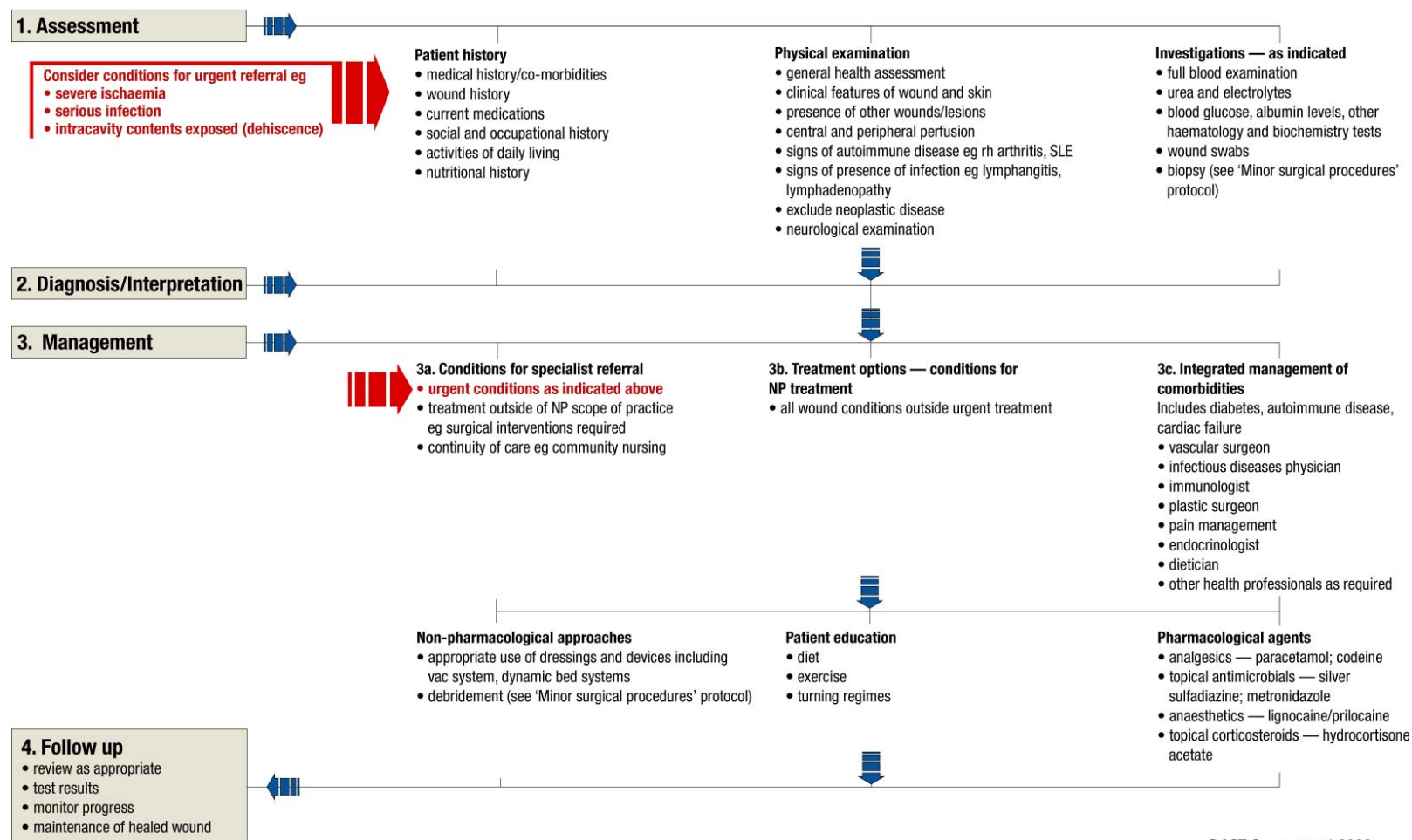


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## Wound Care Nurse Practitioner Clinical Protocol

### MANAGEMENT OF COMPLEX WOUNDS

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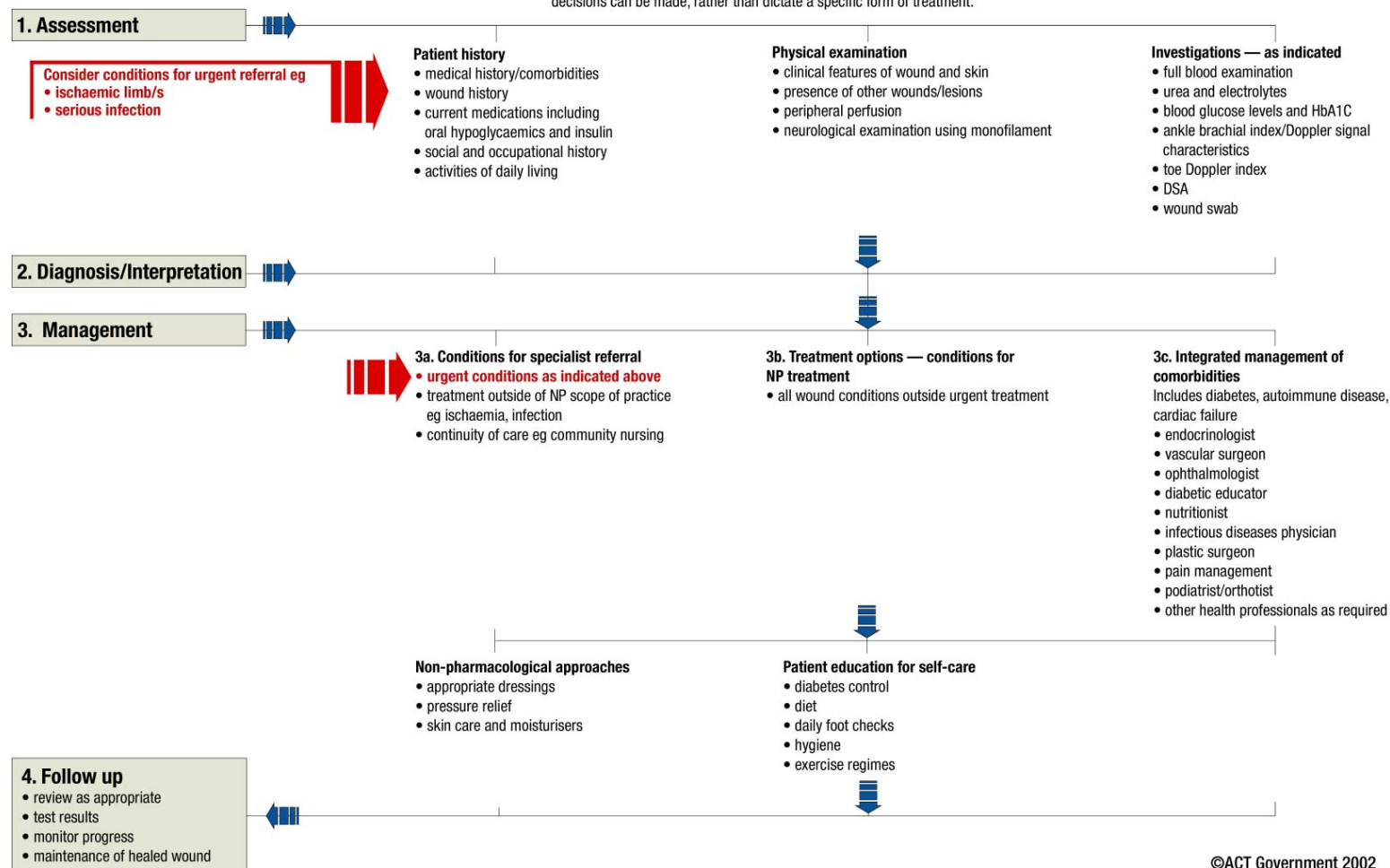
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## Wound Care Nurse Practitioner Clinical Protocol

### DIABETIC FOOT ULCER: CASE MANAGEMENT

**Inappropriate candidates for minor surgical procedures**

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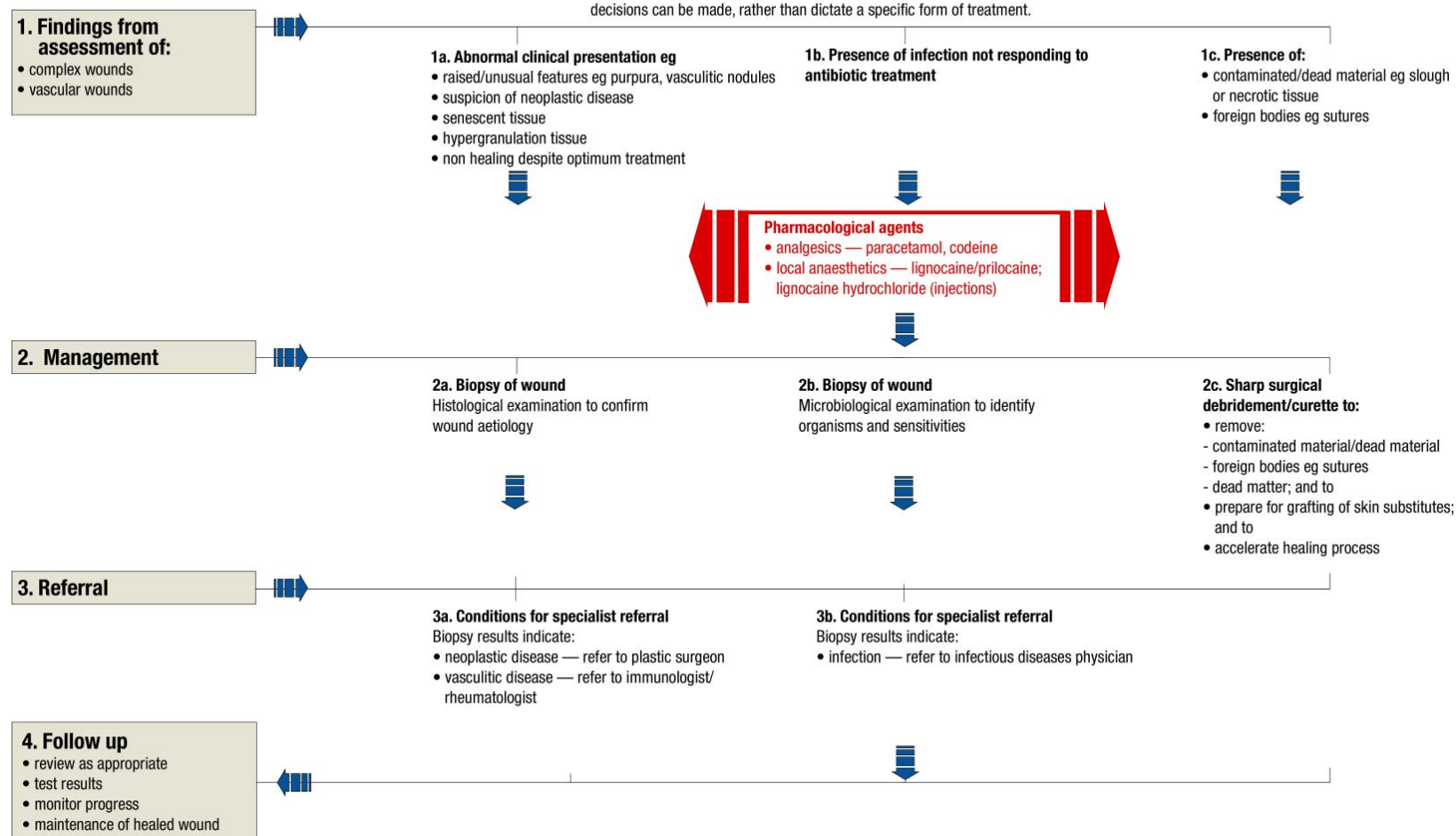


## Wound Care Nurse Practitioner Clinical Protocol

### MINOR SURGICAL PROCEDURES FOR TREATMENT AND DIAGNOSIS IN WOUND CARE

**Contra-indications:** diabetic foot ulcer and severe ischaemia (refer to specialist)

These protocols represent a general guide to appropriate practice. They are inclusive, not prescriptive. They aim to provide information on which decisions can be made, rather than dictate a specific form of treatment.



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